

SOCIAL MEDIA POSTS



Multi-channel engagement is essential to reach today's busy and easily distracted shoppers. Use the social media posts provided here to drive traffic to your stores, while promoting the American Heart Association's Heart-Check certified foods and recipes.

Togetherness at home is the name of the game these days—especially when it's Family Meals Month! We're encouraging families to stay strong with nutritious meals by looking for the Heart-Check mark while shopping. Not sure where to start? I've got you covered! #FamilyMealsMonth #HeartCheckMark

Check for the #HeartCheckMark while shopping for your families' meals this week. It's an easy way to help your family #EatSmart during #FamilyMealsMonth.

People in the U.S. are more stressed than ever, don't let grocery shopping for healthy foods add to the stress. Look for the #HeartCheckMark while shopping for your families' meals. #FamilyMealsMonth

Bring the family together at least one meal per week for healthier minds, hearts, and bodies! #FamilyMealsMonth #HeartCheckMark

Let us know how you are incorporating Heart-Check certified foods and recipes into your diet this summer. We are all in this together!