

Heart Disease and Stroke. You're the Cure.



***You're the Cure* Grassroots Advocacy Network**

You don't have to be a high-powered lobbyist to call on Congress- just an advocate willing to deliver a life-saving message to your lawmakers whenever you can.

Become part of the cure.

You're the Cure is the American Heart Association's nationwide network of people who advocate for public policies that advance the fight against heart disease and stroke on the local, state, and federal levels. We advocate for:

- ♥ Vital funding for research and prevention,
- ♥ Ways to prevent obesity, such as increased quality physical education and nutrition in our schools,
- ♥ Tobacco control, such as smoke-free public areas,
- ♥ Greater access to quality healthcare and emergency care, and
- ♥ Stroke treatment and prevention



You can join today and start making a difference.

You can become a *You're the Cure* advocate in two easy ways:

- ♥ Visit www.yourethecure.org to register online; or
- ♥ Fill out a *You're the Cure* sign-up form and fax it in.

We'll send you welcome materials to get you started, followed by timely action alerts about the issues that you note are important to you. Those alert messages will let you know when it is time to act- by emailing, writing, calling, or visiting your legislators- to urge them to support critical heart disease and stroke issues. We'll keep you informed on the progress you're making as one very important voice for the cure.

Legislators and policymakers respond to advocates like you.

The *You're the Cure* network's successes include increased funding for medical research, more smoke-free workplaces and public areas in our nation's cities, guaranteed Medicare coverage for preventative cholesterol and other cardiovascular screenings for all seniors, and many more.