

**American Heart Association's
Go Red For Women Heart-Friendly Cities
Addendum A - Full Rankings**

Mid-size Metros

Rank	Metro name	States
1	Salt Lake City	UT
2	Honolulu	HI
3	Colorado Springs	CO
4	Rochester	NY
5	Albuquerque	NM
6	Oxnard-Thousand Oaks-Ventura	CA
7	Bridgeport-Stamford-Norwalk	CT
8	Hartford-West Hartford-East Hartford	CT
9	Tucson	AZ
10	Boise City-Nampa	ID
11	New Haven-Milford	CT
12	Worcester	MA
13	Syracuse	NY
14	Poughkeepsie-Newburgh-Middletown	NY
15	Albany-Schenectady-Troy	NY
16	Springfield	MA
17	Sarasota-Bradenton-Venice	FL
18	Allentown-Bethlehem-Easton	PA-NJ
19	Richmond	VA
20	Raleigh-Cary	NC
21	Omaha-Council Bluffs	NE-IA
22	Grand Rapids-Wyoming	MI
23	Buffalo-Niagara Falls	NY
24	Fresno	CA
25	El Paso	TX
26	New Orleans-Metairie-Kenner	LA
27	McAllen-Edinburg-Mission	TX
28	Stockton	CA
29	Cape Coral-Fort Myers	FL
30	Bakersfield	CA
31	Jacksonville	FL
32	Wichita	KS
33	Columbia	SC
34	Knoxville	TN
35	Dayton	OH
36	Akron	OH
37	Charleston-North Charleston	SC
38	Little Rock-North Little Rock	AR
39	Greensboro-High Point	NC
40	Greenville	SC
41	Youngstown-Warren-Boardman	OH-PA
42	Oklahoma City	OK
43	Memphis	TN-MS-AR
44	Baton Rouge	LA
45	Toledo	OH
46	Louisville	KY-IN
47	Tulsa	OK
48	Lakeland	FL
49	Birmingham-Hoover	AL