



American Heart Association.



# Weweiti Ai Lp(a) Risk

Kopwe uwei ei taropwe ngeni omw ewe fansoun me aea ne emweni omw poraus fengen me noumw we chon tumunu pekin safei.

## Weweiti ewe Lp(a)

Lipoprotein(a), ika Lp(a), ina eú kolesterol mi uwei ewe minen álillis lón chchaom. **Om level a kan alemwiri, me lupwen a watte, epwe tongeni alapalo om feiangau ren semwenin letip me stroke.**

**Ew tes ren konik iteitan (panel ren konik) ese cheki omw ewe Lp(a).** Ewe chok aanen omw kopwe sinei omw level ina ren ew mecheresin test ren chcha mei mumuta me ren noumw we chon tumunu pekin safei.

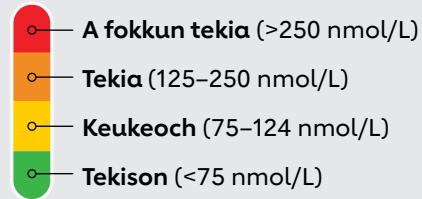
Ekkewe annuk ikenai ra pesei pwe ekkewe **mi okkun watte repwe test ren Lp(a) fan ew non manauer.** Tes mei tongeni epwe fokkun auchea ika pwe mei wor:

- Famini ika pwisin uruwon semwenin netip ese mwo tori fansoun (kis seni 55 ierin mwan me kis seni 65 ierin fefin)
- Ewe uruon famini mi sinei pwe a watte Lp(a)
- A fis pwe a wor ewe semmwen mi fis ngeni aramas ar repwe uputiw nge a fókkun watte ewe LDL lón inisir.

**Omw kopwe tongeni uri semwenin netip me stroke a anongonong won chommong mettoch, esapw chok Lp(a) Noumw we chon angangen pekin safei epwe tongeni awewei met wewen omw ewe Lp(a) level gonuk.**

## Weweiti Ai Level

Lp(a) Ekkewe Kinikinin Semwenin Letip & Semwenin Stroke



*Ekkei ranges ra anongonong won ukukun chochon aramas me ewe feiangawen emon me emon epwe anongonong won ekkoch mettoch usun ierin me chochon chcha.*

**Ai we Lp(a) niwinin:** \_\_\_\_\_

- Met wewen ewe niwinin Lp(a)?  
\_\_\_\_\_
- Ifa usun ai Lp(a) epwe fich ngeni unusen ai pekin safei?  
\_\_\_\_\_
- Itá chón ai famili repwe pwal fiti ewe tes?  
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## Weweiti Ai kewe Kefil

**Ekkesiwinin manau ese aukuuuku Lp(a), nge ra anisuk ne aukuuuku unusen om feiangawen semwenin netip me stroke.**

- Ai we Lp(a) a anapano ai tongeni uri semwenin netip ika stroke?  
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- Met sokkun siwinin manau upwe tongeni fori pwe epwe kisino ai feiangau?  
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- Mei wor ekkewe safei upwe unumi ika upwe chok unumi pwe epwe kisino ai feiangaw?  
\_\_\_\_\_
- Ia upwe tongeni kuna me ia pwan ekkoch poraus usun Lp(a)?  
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**Kopwe kutta ekkewe pisekin aninis seni Lp(a) non [heart.org/Lpa](https://www.heart.org/Lpa) (website non fosun Merika).**