

Lp(a) mi tekia: Met epwe fis mwirin?



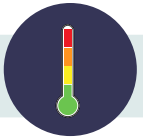
Ew mecheresin esinesin epwe anisuk ne fos ngeni noumw we tokter usun omw kewe feioch.

1. Met Upwe Silei?

Ika kopwe kuna pwe a watte om lipoprotein(a), ika Lp(a), epwe tongeni amwarar pun fan chommong ese wor esisin. Esapw en chok — ukukun 1 me nein 5 aramas won unusen fonufan mei watte ar Lp(a). Ewe Lp(a) mei watte epwe tongeni anapano omw feiengaw ren semwenin netip me stroke, nge unusen omw feiengaw mei anongonong won chommong mettoch, esapw chok Lp(a). Mei wor ekkewe mettóch ka tongeni féri pwe kopwe túmúnú letipom me tupwuom. Ina mwo ika ese wor ew safei mei for pwe epwe aukuuku Lp(a), ekkewe napanap mei murino me tumunu ekkewe ekkoch mettoch mei tongeni efisata feiengaw mei tongeni anisuk. Pokiten omw ewe Lp(a) a kan fis ren alemwiri, iwe mei och pwe chon omw kewe famini repwe pwan test.

Ai we Lp(a) niwinin: _____

Ekkei kapas eis mei tongeni anisuk ne emweni omw poraus fengen me noumw we chon angangen tumunun pekin safei atun omw kopwe churi.



Usun Ai Risk.

- Met wewen ai we Lp(a) ren ai upwe unusen tongeniuri semwenin netip ika stroke?

- Ifa usun ai kewe ekkoch nampa (kolesterol, chochon chcha, chochon suke) ra atai ai feiengaw .?

- Ifa usun, semei me inei, pwii kewe, are nei kewe repwe test?

- Epwe tongeni fis pwe ei mettoch a riri ngeni eu lapalap lon famili ussun chok familial hypercholesterolemia (FH)?

- Ekkoch:



Usun Ai Kokkotun Tumun

- Met upwe tongeni fori iei pwe upwe aukuuku ai tongeni uri semwenin netip me stroke?

- Mi namwot upwe poputa ika siwini ekkoch safei?

- Ifa usun epwe fis pwe pochokunen netipei epwe fis non fansoun?

- Mei wor mwichen aninis ika pisekin aninis ngeni aramas mei watte ar Lp(a)?

- Ekkoch

(Kopwe aea ewe pekin mwirin ren ekkewe taropwe seni ai churi — met upwe fori, kokkotun mwirin, step non famini, kokkot, ika achechem)

Om weweti omw ewe Lp(a) level ina ew mettoch mi auchea ren omw kopwe tumunu netipom.



Ai kewe Step Mwirin

Ei neni a fis fan iten ekkewe noot seni ewe sai ikenai



Met ua kaeo ikenai



Ai kewe kokkot



Kapas eis are achechem:



Met upwe fori mwirin

- Kopwe akkota eu fansoun kopwe chuuri ewe mwich
- Angei angangen lab ika tes
- Kopwe fos ngeni noumw we tokter usun ai kokkotun tumun
- Ekkoch: _____



Ekiekin famili

Ion non ai famini epwe tongeni osupwangen test ika fiti?

