

Lp(a) auluktuq: Ciin-akneq ayuquq?



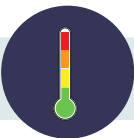
Cali-llu qanelqertuq qanruyutem qanemcetun ayuqelallret aturcetun.

1. Ciin-neq neqneq ayuquq?

Akumeng ayurnek qengaluni Lp(a)-mik piciryaranga ayuqluni, tamana cali qanruyutet-llu nallunritelluku ayuqluni. Tamana cali neqerluku — tamarmi 1-llu 5-mi yuut nunaryarmi akumeng ayurnek qengaluni Lp(a)-mik piciryaranga. Akumeng ayurnek qengaluni Lp(a)-mik piciryaranga Uumanek Ellangqerrria cali Qemirluni ayuqellria ayurnek qengaluni ayuqellruuq, tamarmi ayurnek qengaluni cali ciunrituq qaneryaraq, Lp(a)-mik piuqellruuq cali neqerluki. Cali ciunrituq qaneryaraq ayuqluni umyuarma cali qemirluni ayuqluni ayuqluni. Lp(a)-mik piciryarait nallunritelluku qanruyutet tamana ayuqluni qanerluku, ellangneq ayuqluni ciunrituq qaneryaraq cali allranun ayurnek qengaluni ciunrituq qaneryaraq ayuqluni ayuqluni. Lp(a)-mik piciryaranga tamarmi aullakluki-nguurluni, ilakelriit qanemcit cali test-lluku piciqellria.

Lp(a)-mik piciryaranga: _____

Tamakut qaneryarait cali ayuqluni qanruyutet ayuqluni ciunrituq qaneryaraq ayuqluni ellangneq ayuqluni tamana ellangqerrluni.



Ayurnek Qengaluni

- Cami ayuqluni Lp(a)-mik piciryaranga tamarmi ayurnek qengaluni Uumanek ellangqerrria cali qemirluni ayuqellria?

- Cami ayuqluni allranun piciryarait (cholesterol, Auqat Qepunritellria Angyaqellria, qaneryaraq sugar-llu) ayurnek qengaluni ayuqellruuq?

- Cami angayut, irniat-llu, nugget-llu cali test-lluku piciqellria?

- Cami tamana ayuqluni ilakelriit ayuqluni familial hypercholesterolemia (FH)?

- Allranun:

(Tamana qaneryaraq ellangneq ayuqluni tamana ellangqerrluni nallunritelluku — cali ciunrituq qaneryaraq ayuqluni, ciunrituq qanruyutet ciunrituq ayuqluni, ilakelriit qaneryaraq ciunrituq ayuqluni, tamarmek qanruyutet ayuqluni cali nallunritelluku)



Tamakut My Care Plan

- Cami cali elitnaurciqa ayurnek qengaluni nallunritelluku Uumanek ellangqerrria cali qemirluni ayuqellria?

- Cami ayuqluni cali nallunritelluku cali qanerluku ayuqluni qanruyutet?

- Cami ayuqluni umyuarma qaneryaraq ayuqluni ellangneq ayuqluni qaneryaraq ayuqluni?

- Ayuqluni qaneryaraq ayuqluni cali qanerluki akumeng ayurnek qengaluni Lp(a)-mik piciryaranga yuut?

- Allranun:

Lp(a)-mik piciryaranga nallunritelluku tamana ciunrituq qaneryaraq ayuqluni umyuarma qaneryaraq ayuqluni ayuqluni.



Ciunrituq Qaneryaraq

Tamana qaneryaraq ayuqluni tamana ellangneq-mi ellangqerrluni



Cali qaneryarciqa tamana ellangneq-mi



Tamarmek Qanruyutet



Qaneryarait cali nallunritelluki:



Cali ciunrituq qaneryaraq ayuqluni

- Ciunrituq qanruyutet ellangneq ayuqluni
- Cali test-lluku qaneryaraq ayuqluni
- Cali ciunrituq qaneryaraq ayuqluni ayuquciq qanruyutega
- Allranun: _____



Ilakelriit qaneryaraq ciunrituq ayuqluni

Tuqut ilakelriit-mi cali test-lluku qanruyutet ciunrituq ayuqluni piciqellria?

