



Aspirin During Pregnancy

Taking a low-dose aspirin daily during pregnancy could reduce your risk for preeclampsia. Preeclampsia is a serious form of high blood pressure.

Talk to your health care professional to learn if a daily low-dose aspirin is recommended for you.



What is Aspirin?

Aspirin is an over-the-counter drug. It is used to relieve pain, reduce fever and lower inflammation. Aspirin also thins the blood, which helps prevent blood clots from forming.

Why Take Aspirin During Pregnancy?

A daily low dose of aspirin (81 mg) during pregnancy might be recommended for some women.

Low-dose aspirin can prevent or delay the onset of preeclampsia. Preeclampsia is a serious form of high blood pressure that typically begins after 20 weeks of pregnancy.



Who Needs Aspirin During Pregnancy?



The American Heart Association recommends that women who are at increased risk of preeclampsia talk to their health care professional about taking low-dose aspirin starting at 12 weeks of pregnancy until delivery.

Increased risk of preeclampsia can include chronic high blood pressure or a history of pregnancy-related high blood pressure among other factors.

Is Aspirin Safe During Pregnancy?

Low-dose aspirin therapy in pregnancy is generally considered safe. Some women, such as those with an aspirin allergy, should not take it. Always talk to your health care professional before starting or stopping any medication, including aspirin.

Learn more at [goredforwomen.org/pregnancy](https://www.goredforwomen.org/pregnancy)