

## All the Flavors of the Garden Participant PRE-Survey

| Please answer the questions below <b>before</b> you complete the All the Flavors of the Garden experience. |
|--|
| 1. What is your name?  |
|  |
| 2. What is today's date?/  |
| MM DD YYYY   |

3. Please circle the number that best represents your **confidence** that you can do the following:

|  | Not at all confident |   | Somewhat confident |   | Very<br>Confident | Not<br>applicable |  |
|--|----------------------|---|--------------------|---|-------------------|-------------------|--|
| Properly store fresh herbs in your home                        | 1                    | 2 | 3                  | 4 | 5                 | 6                 |  |
| Prepare or season foods using herbs and spices other than salt | 1                    | 2 | 3                  | 4 | 5                 | 6                 |  |

4. Please circle the number that best represents your **current knowledge** of the topics below:

|   | Low | Medium |   | High | Not<br>applicable |   |
|---|-----|--------|---|------|-------------------|---|
| The five primary tastes                           | 1   | 2      | 3 | 4    | 5                 | 6 |
| The flavor profiles of different herbs and spices | 1   | 2      | 3 | 4    | 5                 | 6 |



1. What is your name? \_\_\_\_\_

## All the Flavors of the Garden Participant POST-Survey

Please answer the questions below *after* you complete the *All the Flavors of the Garden* experience.

| 2. After participating in the <i>All the Fla</i> represents your <b>confidence</b> that you |                      | • | erience, pleαse c     | ircle the | e number that     | best              |
|---|----------------------|---|-----------------------|-----------|-------------------|-------------------|
|   | Not at all confident |   | Somewhat<br>confident |           | Very<br>Confident | Not<br>applicable |
| Properly store fresh herbs in your home   | 1                    | 2 | 3                     | 4         | 5                 | 6                 |
| Prepare or season foods using herbs and spices other than salt                              | 1                    | 2 | 3                     | 4         | 5                 | 6                 |

3. Please circle the number that best represents your **current knowledge** of the topics below:

|   | Low | Medium |   | High | Not<br>applicable |   |
|---|-----|--------|---|------|-------------------|---|
| The five primary tastes                           | 1   | 2      | 3 | 4    | 5                 | 6 |
| The flavor profiles of different herbs and spices | 1   | 2      | 3 | 4    | 5                 | 6 |

4. Please rate the **quality of your overall experience** with *All the Flavors of the Garden*. Circle your choice below.

| Poor | Below<br>Average | Average | Above<br>Average | Excellent | Undecided |
|------|------------------|---------|------------------|-----------|-----------|
| 1    | 2                | 3       | 4                | 5         | 6         |

5. How likely are you to **recommend** the *All the Flavors of the Garden* experience to a friend, family member, or co-worker? Circle your choice below.

| Extremely unlikely | Unlikely | Neutral | Likely | Extremely<br>likely | Undecided |
|--------------------|----------|---------|--------|---------------------|-----------|
| 1                  | 2        | 3       | 4      | 5                   | 6         |