

PCNA Mission: PCNA is the leading nursing organization dedicated to preventing cardiovascular disease (CVD) through assessing risk, facilitating lifestyle changes, and guiding individuals to achieve treatment goals. Our mission is to promote nurses as leaders in cardiovascular risk reduction and disease management across the lifespan.

Reach: PCNA represents over **16,000 health care professionals** who promote comprehensive CVD risk reduction for individuals, families and diverse populations. PCNA members work in hospitals, clinics and universities and see **over 2 million patients each year.**

The Power of Partnerships

PCNA recognizes the importance of partnering with other organizations to expand our reach and advance the role of nurses as part of the cardiometabolics team. We partner with dozens of organizations, including:

- American College of Cardiology
- American Diabetes Association
- American Heart Association
- Mended Hearts
- The National Forum
- Women Heart

PCNA actively participates in guidelines development and review, including the most recent hypertension guidelines update.

Professional Education

- In-person meetings (national, international and regional)
- Live and recorded webinars
- Publications - monographs and journal articles

CE topics include:

- CVD Risk Management in Patients with Diabetes
- Engaging Patients in Health Behavior Change
- Management of Hypertension
- Obesity and Health Behaviors
- Physical Activity
- Race and Ethnicity: Impact on Heart Disease
- Lipid Management in High Risk Patients
- Heart Failure

NOW AVAILABLE
BEHAVIOR CHANGE MINI-CERTIFICATE



Case-based program for clinicians to help their patients make lifestyle changes.

BEHAVIOR CHANGE MINI-CERTIFICATE
Changing behaviors is never easy, and it takes a concerted effort on the part of both you and your patients. PCNA now has a mini-certificate that can help.

- Earn 8.25 CE contact hours through engaging case-based program
- Suitable for CV nurses in a variety of settings as well as primary care clinicians
- Chose the program that's right for you! Each program includes:
 - Webinars
 - Case studies
 - Readings
 - Guidelines
 - Patient Education Resources

EARN 8.25 CE CONTACT HOURS
\$35 PCNA members
\$85 Non-members

Learn more at pcna.net/behaviorchange



Patient Education (English/Spanish)

- Diabetes and CVD (available 2018)
- Hypertension booklet & fact sheet
- Cholesterol booklet & fact sheet
- Triglycerides fact sheet
- Heart-healthy toolkit fact sheets on weight management & lifestyle

