



ANNUAL REPORT 2024-2025



Circle of Red®

For over two decades, Go Red for Women continues to be a trusted source for credible, equitable health solutions for women at every age, stage and season of life.

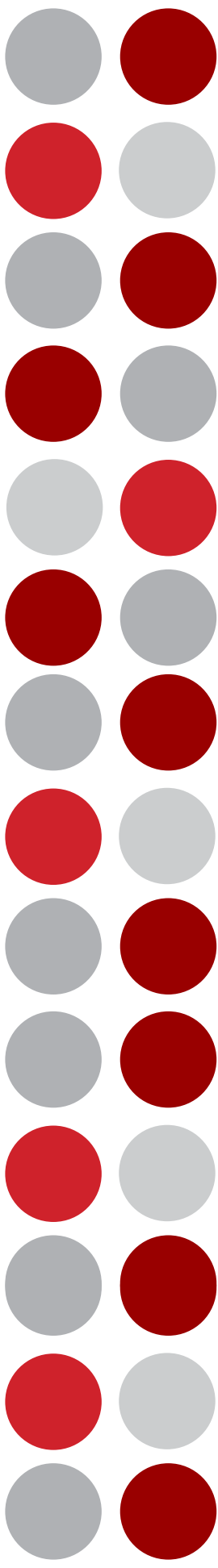


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CEO of the American Heart Association**

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Circle of Red is a passionate group who serve as advocates, fundraisers and changemakers in their communities. As part of Go Red for Women's annual giving society, Circle of Red members help to raise critical funds, challenge misconceptions and promote awareness about heart disease, the leading cause of death among women.

Beyond their fundraising efforts, Circle of Red members actively build a sense of community by networking, sharing personal stories and connecting with one another both locally and nationally.

Through these relationships, they inspire action, foster support and help strengthen the movement's impact. Their collective work also supports the Go Red for Women movement's impact lifesaving research, influences public health policy and addresses disparities in care and access — **transforming the health landscape for women across the United States.**

DONOR DOLLARS AT WORK:

INVESTING IN WOMEN'S HEALTH



Health Equity Research Network on Disparities in Maternal-Infant Health Outcomes:

Focused on addressing maternal health disparities in Black, Native American and rural communities. With heart and vascular issues causing about half of these maternal deaths, the Heart Association is uniquely positioned to lead solutions for this critical issue.



Research Goes Red

Launched in 2019, Research Goes Red is a platform to engage more women in cardiovascular research. It offers women the opportunity to contribute clinical studies, surveys and more.



Powerful Voices

Each year, Go Red for Women drives awareness of the No. 1 killer of women, cardiovascular disease, through the Red Dress Collection Concert. The event brings together some of the biggest names, showcases survivor stories and amplifies voices of leaders who are passionate about women's heart health.



Go Red for Women Venture Fund

The Go Red for Women Venture Fund invests in companies that are using science and clinical expertise to advance heart health for women. With a \$75 million capital target, this fund will be one of the world's largest venture funds focused specifically on advancing women's health.



Advancing Public Policies that Directly Impact Women

About 43% of births are covered by Medicaid. Through advocacy, the Heart Association has helped expand postpartum Medicaid coverage to 12 months—a policy now adopted by 47 states and Washington, D.C.



Strategically Focused Research Network on Cardiovascular Kidney Metabolic Syndrome Heterogeneity in Women

The Heart Association's Strategically Focused Research Network on CKM aims to understand how heart disease, kidney disease, diabetes and obesity intersect in women, advancing research to improve prevention and treatment.

THANK YOU

Circle of Red Members

Dear Circle of Red Members,

Thank you for your passion around the fight against heart disease and stroke in women. Your voice, your generosity and your dedication are helping increase awareness of cardiovascular disease — the leading cause of death in women — and inspiring women to take charge of their health.

Despite women accounting for more than half the U.S. population and often serving as key decision makers on matters of health for their families, we continue to be understudied, underdiagnosed and undertreated. Women are also less likely than men to receive bystander CPR and 23% less likely to survive a cardiac arrest.

The good news is, we have our best resource by our side in one another.

Through the Go Red for Women movement and other women's health initiatives, the American Heart Association is working to address these gaps. The newly formed Go Red Venture Fund is investing in companies with evidence-based products and services to improve women's health outcomes. And Research Goes Red is enrolling women in studies informed by their unique needs and interests.

Go Red for Women aims to meet the evolving needs of women at every age and life stage by funding research, sharing educational resources, advocating for lifesaving legislation and transforming systems of care.

As a Circle of Red member, your support makes this work possible. Together, we are building a world of longer, healthier lives.

It's time to Go Red for health, for life, for your family — for good.

All my best,



Nancy Brown
Chief Executive Officer
American Heart Association



HEART HERO: Heather Baker

In 2018, 28-year-old Heather Baker woke up with a terrible headache, but as a first-year curriculum director for a school district, she was not going to miss work. Laughing and joking with her colleagues, she suddenly became dizzy and collapsed. Heather had gone into cardiac arrest.

Fortunately, her fellow staff members had been trained in CPR by the American Heart Association just a month earlier. They called 911 and immediately began CPR. They also used an AED to shock Heather's heart three times.

Heather was alive, but not conscious when the fire department arrived 15 minutes later. At the hospital, she was placed in a medically induced coma. Despite fears that Heather would be unable to walk or talk again because of oxygen loss, she woke up the next morning on her own, competent and in good spirits. It was discovered that a medication Heather was taking likely depleted her potassium and put her into drug-induced Long QT Syndrome, a disorder of the heart's electrical system.

Heather turned her distressing event into passion and purpose. She became a certified CPR instructor and has trained thousands of people in the lifesaving skill. She also worked with the American Heart Association on a bill that was signed into law in her home state of Illinois that requires schools to have Cardiac Emergency Response Plans.

Nine out of ten people who suffer a cardiac arrest outside of the hospital do not survive, but immediate CPR can double or triple a person's chance of survival. Heather Baker was one of the lucky ones. She survived because her co-workers knew CPR and felt confident to act. As a leader in resuscitation science, support from people like you allow the American Heart Association to continue its CPR education work and save more people's lives, like Heather's.



Cardiovascular disease is the
No. 1 killer of women.

2024-2025

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"[Circle of Red] has been a meaningful opportunity to contribute to my community and raise awareness about women's heart health...I feel proud to be making a difference in the fight against heart disease in women."

ANITA DEL GRANDE

Circle of Red Member, Greater Bay Area

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